TYGART MEDIA FIELD SHEET · CLAUDE SERIES

Claude for Resume & Job Search — a Tygart Media field sheet

ATS keyword mapping, truth-first bullet rewrites, interview coaching, and Free (5 Projects) vs Pro plan setup.

Verified 2026-11-13 against Anthropic official docs · Guide: tygartmedia.com/claude-ai-for-resume/ · Official Anthropic: claude.com/product/overview

DIRECT ANSWER · VERIFIED 2026-11-13

Even Claude Free ($0) includes up to 5 Projects (`Sonnet 5.5` & `Haiku 5.5`, 1M context) — enough for a dedicated Master Resume Project. Upgrade to **Pro ($20/mo or $17/mo annual)** if active applications hit Free 5-hour session limits or require `Opus 5.5` / `Fable 5.2` nuance (claude.com/product/overview; tygartmedia.com/claude-ai-pricing/).

1. Five-Stage Job Search Prompt Workflow

- **1. ATS Gap Scan:** Paste full JD + current resume; instruct Claude to flag ONLY truthful missing keywords grounded in your real roles.
- **2. Quantified Bullet Rewrites:** Use `[Action verb] + [scope/project] + [real metric]` and flag `[X%]` placeholders rather than inventing numbers.
- **3. Anti-Template Cover Letters:** Ban AI cliches (`I am excited to express interest`); tie 2 real wins to 1 real company initiative in <=3 crisp paragraphs.
- **4. Mock Interview & Salary Scripts:** Drill STAR answers against the exact JD, critique gaps, and draft calm counteroffer scripts anchored to your benchmarks.

2. Avoiding AI Detection & Accuracy Failures

- **Ban Buzzword Soup:** Explicitly ban `spearheaded`, `orchestrated`, `dynamic`, `synergy`, and `results-driven` in Project Instructions.
- **Zero Fabrication Rule:** Never claim titles, tools, certifications, or dollar impacts Claude suggests unless you personally achieved them.

Verified Claude Plan & Pricing Snapshot (Verified 2026-11-13)

Search Intensity	Plan & Cost	Key Capabilities	Privacy & Output Tip
Active Search Starter	Free ($0)	Sonnet 5.5 & Haiku 5.5 (1M ctx), **up to 5 Projects**, Artifacts; 5-hr & weekly caps	Best default start; redact SSN/address before upload
Daily Multi-Role Tailoring	Pro ($20/mo; $17/mo annual / $200/yr)	5× Free capacity, Opus 5.5, Fable 5.2 (usage credits), unlimited Projects	Ideal for marathon JD tailoring + mock interviews
High-Volume Exec / Consulting	Max ($100) · Ultra ($200)	5×–10× Pro capacity; Ultra removes verified 5-hr cap; $100/$200 API credits	Heavy portfolio, writing sample & negotiation prep

Verified 2026-11-13 (tygartmedia.com/claude-ai-pricing/). Anthropic consumer plans also differ from Team/Enterprise on default training settings — verify your privacy settings in account controls.

Next Steps & Implementation Checklist

- ■ Create a Job Search Project (Free supports up to 5 Projects) with your full master career dossier + writing samples.
- ■ Strip street address, phone number, and confidential employer secrets before pasting materials.
- ■ Add an explicit instruction banning fabricated metrics and generic AI opener cliches.
- ■ Read every tailored resume and cover letter aloud once before submitting.

CANONICAL LINKS & PRICING HUB

Full Interactive Guide: https://tygartmedia.com/claude-ai-for-resume/ | **Pricing Hub:** tygartmedia.com/claude-ai-pricing/ | **Anthropic Official:** https://claude.com/product/overview